



INSTITUTE FOR
ZEN LEADERSHIP

Imagine the best leader you've worked for:

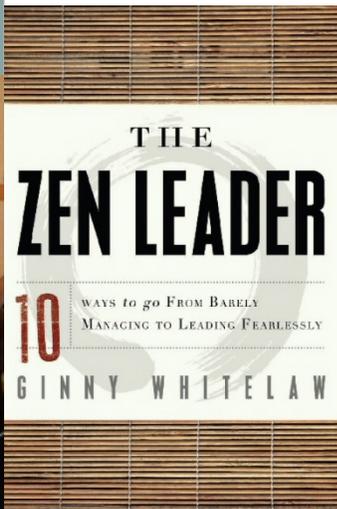
How they carried themselves.

How they handled pressure.

How they brought the best out of you.

The gravitas, compassion and wisdom of great leaders are trainable, learnable qualities - maybe not in most leadership programs, but **The Zen Leader** brings them to you

Coming to Australia*
24 April - 1 May, 2016



Why The Zen Leader? The tools of Zen training are unmatched in resourcing you to lead in a volatile, uncertain, complex and ambiguous world and deepen your life's work

Who should attend? Leaders at all levels who aspire to make a difference and influence others. Discounts available for corporate groups.

When: Offering ½-day, 1-day, and 2-day programs the week of April 24-May 1, 2016

***Where:** Melbourne, Australia; other locations possible depending on demand.

25 APRIL, 26 APRIL

½-DAY SESSIONS –

INTRODUCING THE ZEN
LEADER [\$450/PERSON]

Intro to Zen training and how to bring it into your work, drive out fear, flip from coping to transforming, manage your energy and get more when you need it.

27 APRIL

1-DAY SESSION –

ENERGIZING ZEN LEADERSHIP
[\$750/PERSON]

Everything from the ½ day session plus how to deepen in Zen, understand the energy shaping your leadership, how it shows up before you know it, how you can learn to use the right energy at the right time.

29-30 APRIL OR 30 APR-1 MAY - TBD

2-DAY RESIDENTIAL SESSION –

TRANSFORMING THROUGH ZEN
LEADERSHIP [\$1250/PERSON+]

+ACCOMMODATION AND MEALS; LIMIT 10 PEOPLE

An immersion experience in a retreat setting: bring a challenge and radically reframe it. Deepens all previous content plus how to decide in conflict, get people moving with you, and attract the future - really.



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Programs Include:

Zen meditation – with all necessary instruction;
breathing exercises, yoga, tai chi, (1- and 2-day)
energy patterns and ways of managing energy. (1- and 2-day)

Content included in ½, 1- and 2-day programs as noted

Plus “flips” from The Zen Leader

From Coping to Transforming – Learn why this is the beginning of real leadership, and how it reframes problems into opportunities, and how to make this flip for yourself. (½, 1, 2)

No previous meditation experience required,

From Tension to Extension – Re-energize yourself with the 3 Laws of Energy Management for the hard work of leadership, so you always have energy to give. (½, 1, 2)

Participant prework for 1- and 2- day programs includes taking the FEBI and identifying a work challenge to focus on.

From Playing to Your Strengths to Strengthening Your Play – Experience the FEBI® energy patterns, how you use each energy, how each supports leadership and how to be supported by all of the patterns at once. (1, 2)

Participants should wear loose-fitting clothing and come prepared for stillness, action, dialogue and deep insight.

From Or to And – Discover what Zen brings to the essential art of complex decision making where multiple needs have to be met (2)

From Controlling to Connecting – Learn this flip that makes influence work, and the invitation to Samadhi that opens a vast new leadership landscape. (2)

From Driving Results to Attracting the Future – Discover why ordinary business analysis gets everything backwards, and how to build a sustainable, driving rhythm toward your vision. (2)

Led by the author of The Zen Leader

Ginny Whitelaw is the founder of the Institute for Zen Leadership, a Zen master in the Chozen-ji line of Rinzai Zen, as well as President of Focus Leadership. She is a recognized expert in leadership development and executive coaching and has authored 4 books, including *The Zen Leader*. A biophysicist by training, she combines a rich scientific background with senior leadership experience at NASA, and more than 20 years developing global leaders. Together with Mark Kiefaber, she developed the FEBI® to measure 4 mind-body patterns of personality, and trains practitioners worldwide in how to apply FEBI in their work. Formerly the Deputy Manager for integrating NASA's International Space Station, she holds a Ph.D. in biophysics, as well as a 5th degree black belt in Aikido.



Contact: paulbonthemove@gmail.com for more information