

Integral Resources

Here are valuable resources that may help you on your integrative journey. Most are based in Ken Wilber's Integral Theory and Practice (ITP); some, marked with an asterisk, are based in non-ITP visions and practices. Both ITP and non-ITP resources involve strong integrative impulses to integrate body, soul and spirit in true self, authentic society and Universal Spirit.

Gerard Bruitzman,
Integral Institute Australia

Entry Sources into Integral Theory and Practice

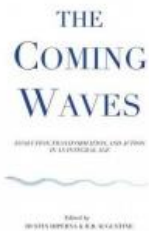
Ken Wilber, [Understanding Integral Theory: An Introduction](#)

Ken Wilber, [The Integral Operating System](#)

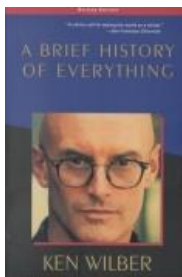
Sean Esbjörn-Hargens, [An Overview of Integral Theory: An All-Inclusive Framework for the 21st Century](#)

Jeff Salzman, [A Primer on Integral Theory: States & Stages, Levels & Lines, and the Integral Map](#)

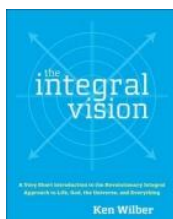
Introductory Books for Curious Integrative Explorers



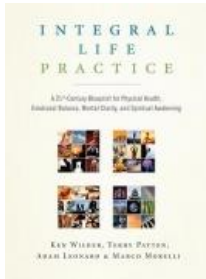
Diperna, D. & Augustine, H.B. (Eds.). (2013). *The Coming Waves: Evolution, Transformation, and Action in an Integral Age*. Integral Publishing House.



Wilber, K. (1996/2001). *A Brief History of Everything* (2nd ed.). Boston, MA: Shambhala.

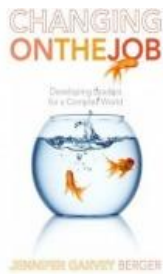


Wilber, K. (2007). *The Integral Vision: A Very Short Introduction to the Revolutionary Integral Approach to Life, God, the Universe, and Everything*. Boston, MA: Shambhala.



Wilber, K., Patten, T., Leonard, A. & Morelli, M. (2008). *Integral Life Practice: A 21st Century Blueprint for Physical Health, Emotional Balance, Mental Clarity, and Spiritual Awakening*. Boston, MA: Integral Books.

Serious Books for Serious Integrative Practitioners



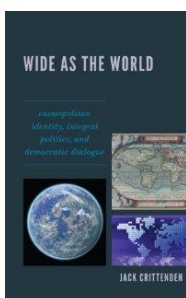
* Berger, J. G. (2012). *Changing on the Job: Developing Leaders for a Complex World*. Stanford, CA: Stanford University Press.



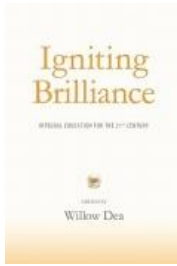
Bhaskar, R., Esbjörn-Hargens, S. & Hedlund-de Witt, N. (Eds.). (2015). *Metatheory for the 21st Century: Critical Realism and Integral Theory in Dialogue*. New York: Routledge.



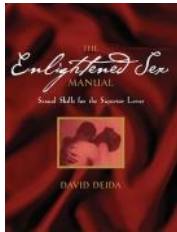
* Bunzl, J. M. (2013). *Global Domestic Politics: A Citizen's Guide to Running a Diverse Planet*. London: International Simultaneous Policy Organisation.



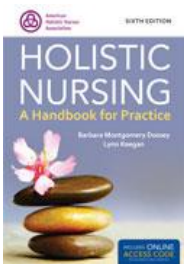
Crittenden, J. (2011). *Wide as the World: Cosmopolitan Identity, Integral Politics, and Democratic Dialogue*. Lanham, MD: Lexington Books.



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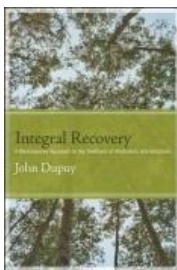
* Deida, D. (2004). *The Enlightened Sex Manual: Sexual Skills for the Superior Lover*. Boulder, CO: Sounds True.



Dossey, B. M. & Keegan, L. (2013). *Holistic Nursing: A Handbook for Practice* (6th ed.). Burlington, MA: Jones & Bartlett Learning.



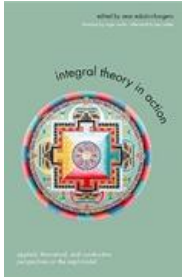
DeKay, M. (2011). *Integral Sustainable Design: Transformative Perspectives*. London: Earthscan.



Dupuy, J. (2013). *Integral Recovery: A Revolutionary Approach to the Treatment of Alcoholism and Addiction*. Albany, NY: SUNY Press.



* Edwards, M. G. (2010). *Organisational Transformation for Sustainability: An Integral Metatheory*. New York: Routledge.



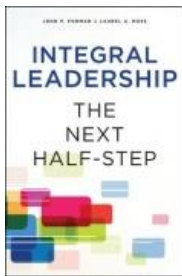
Esbjörn-Hargens, S. (Ed.). (2010). *Integral Theory in Action: Applied, Theoretical, and Constructive Perspectives on the AQAL Model*. Albany, NY: SUNY Press.



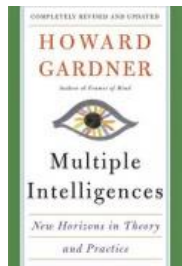
Esbjörn-Hargens, S. & Zimmerman, M. E. (2009). *Integral Ecology: Uniting Multiple Perspectives on the Natural World*. Boston, MA: Integral Books.



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Forman, J. P. & Ross, L. A. (2013). *Integral Leadership: The Next Half-Step*. Albany, NY: SUNY Press.



* Gardner, H. (2006). *Multiple Intelligences: New Horizons in Theory and Practice*. New York: Basic Books.



Hamilton, D. M. (2013). *Everything is Workable: A Zen Approach to Conflict Resolution*. Boston, MA: Shambhala.



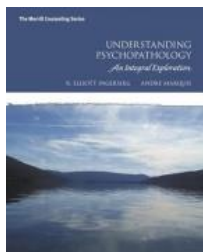
Hamilton, M. (2008). *Integral City: Evolutionary Intelligences for the Human Hive*. Gabriola Island, BC: New Society Publishers.



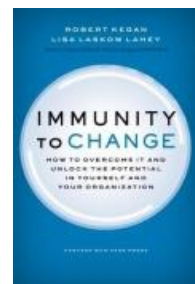
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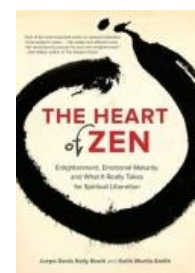
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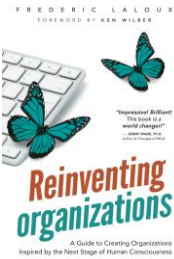
* Kegan, R. & Lahey, L. L. (2009). *Immunity to Change: How to Overcome It and Unlock the Potential in Yourself and Your Organization*. Boston, MA: Harvard Business Press.



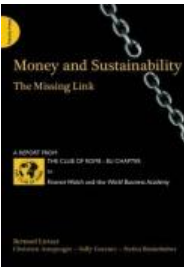
* Kelly, J. P. D. & Martin-Smith, K. (2014). *The Heart of Zen: Enlightenment, Emotional Maturity, and What It Really Takes for Spiritual Liberation*. Berkeley, CA: North Atlantic Books.



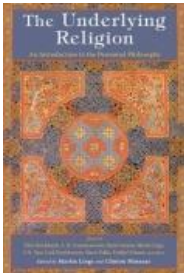
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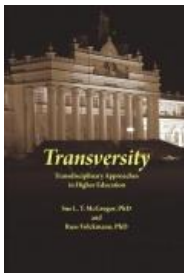
Laloux, F. (2014). *Reinventing Organizations: A Guide to Creating Organizations Inspired by the Next Stage of Human Consciousness*. Brussels, BEL: Nelson Parker.



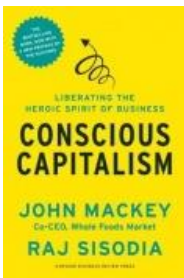
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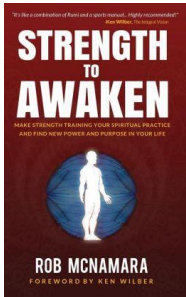
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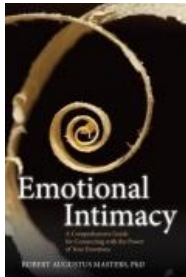
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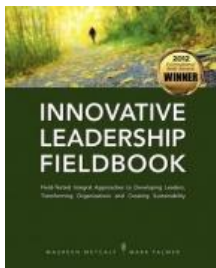
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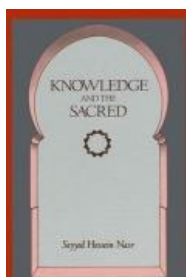
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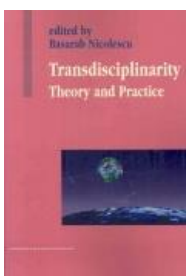
* Merzel, D. G. (2007). *Big Mind, Big Heart: Finding Your Way*. Salt Lake City, UT: Big Mind Publishing.



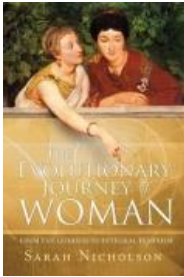
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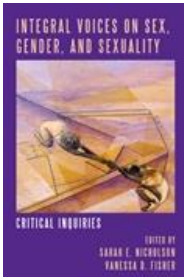
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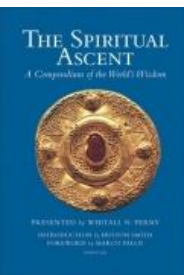
* Nicolescu, B. (Ed.). (2008). *Transdisciplinarity: Theory and Practice*. Cresskill, NJ: Hampton Press.



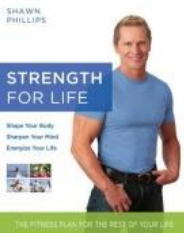
Nicholson, S. E. (2013). *The Evolutionary Journey of Woman: From the Goddess to Integral Feminism*. Tucson, AZ: Integral Publishers.



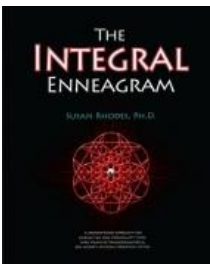
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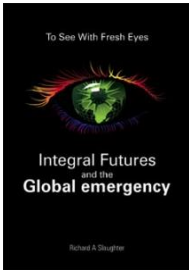
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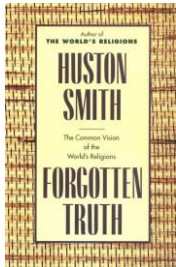
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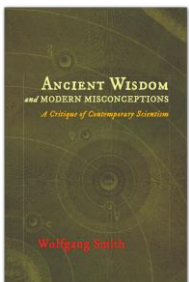
* Smith, H. (1976/1992). *Forgotten Truth: The Common Vision of the World's Religions*. New York: HarperCollins Publishers.



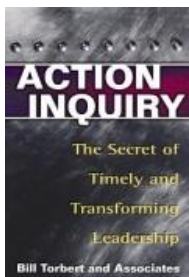
* Smith, H. (2012). *The Huston Smith Reader*. J. Paine (Ed.). Berkeley, CA: University of California Press.



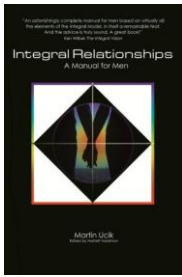
* Smith, W. (2010/2012). *Science & Myth: With a Response to Stephen Hawking's The Grand Design* (2nd ed.). Tacoma, WA: Angelico Press / Sophia Perennis.



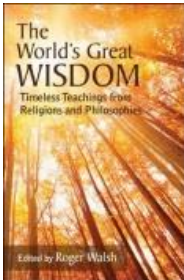
* Smith, W. (2013). *Ancient Wisdom and Modern Misconceptions: A Critique of Contemporary Scientism*. Tacoma, WA: Angelico Press / Sophia Perennis.



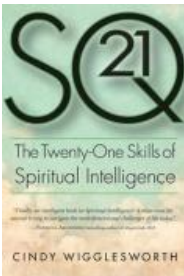
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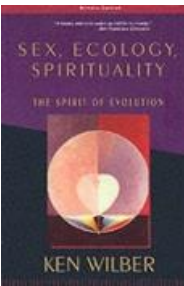
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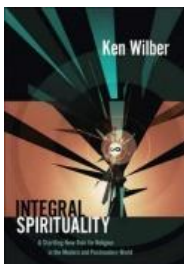
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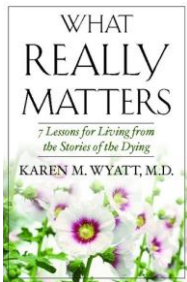
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Witt, K. (2014). *Integral Mindfulness: From Clueless to Dialled-In*. Tucson, AZ: Integral Publishers.



Wyatt, K. M. (2011). *What Really Matters: 7 Lessons for Living from the Stories of the Dying*. New York: SelectBooks.

For Scholar-Practitioners with an Integral Pulse

- [SUNY Series in Integral Theory](#)
- [Journal of Integral Theory and Practice](#)
- [Integral Leadership Review](#)
- [Integral Review](#)
- [Kosmos Journal](#)
- [Integral Theory Conference 2013](#), USA, ITC2010, and ITC2008
- [Integral European Conference 2014](#), Hungary
- [Core Integral](#), and
- Integral communities in [Australia and New Zealand](#), [Europe](#), Great Britain, Ireland, Canada, USA, Mexico, Brazil, South Africa, Middle East, Japan, and elsewhere.